



# St. Petersburg State University Faculty of Economics Department of World Economy

# International Summer School in Russian Business



**Student guide** 

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St. Petersburg, Russia July, 3-20, 2011



# Dear future participant,

We will be glad to welcome you at the Faculty of Economics, St. Petersburg State University, Russia!

This guide will help you to make your stay in St. Petersburg safety, informative, and fascinating.

If you have any questions about the program and any other queries, please, don't hesitate to contact us:

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Have a good time in St. Petersburg!

www.issrb.ru

## **Cultural St. Petersburg**

St. Petersburg is one of the most attractive cities in Russia and all over the world. It is very hard to have this wonderful city well explored in two weeks, especially when combined with the study process. A city tour and a boat trip are included into the program, but we also advise you to visit our outstanding museums, beautiful churches, famous theatres and admirable suburbs. Here is a list of sights that are reasonable to expect being seen in two weeks:

- The Hermitage
- The Russian Museum
- The Kunstkamera (Museum of Anthropology and Ethnography)
- The Peter and Paul Fortress
- The St. Isaacs Cathedral
- The Cathedral of the Resurrection of Christ (the Church on Spilt Blood)
- The Kazan Cathedral
- The 'Aurora' Cruiser

**Attention!** The tickets to the museums will cost less if you show a student card (ISIC). In addition we could provide you with the certificate that you are a student of our University for the period of the summer school. In some museums such certificates are accepted.

#### · Suburbs: Peterhof, Pushkin, etc.

**Attention!** We could arrange the excursions to the suburbs on weekends, please, inform us about your preferences in advance.

## • The Mariinsky Theatre

Attention! We recommend you to buy tickets on-line using your credit-card: http://www.mariinsky.ru/en/. You could also visit other theatres such as the Mikhailovsky theatre, the State Opera and Ballet Theatre of the Saint Petersburg Rimsky-Korsakov Conservatory, the Hermitage theatre, etc. The tickets are available at the booking-offices around the city.

#### **Tourist Services**

**Tourist helpline**: 300-33-33 (24h.)

**St. Petersburg City Tourist Information Centre** is located on Sadovaya str. 14/52 (metro station "Gostiny Dyor").

**Tourist Information Offices** could be found at the Palace Square, the Rastrelli Square, the Isaakievskaya square, Pulkovo-1, Pulkovo-2, Peter and Paul Fortress (Open 10:00 - 19:00, Sat 10:00 - 18:00, Closed Sun.).

**Attention!** Main sights, popular restaurants, bars, and disco clubs are stipulated in the city map provided by us.

#### **Reference Internet Links**

InformationaboutSt.www.visit-petersburg.com,Petersburg:sights, addresses,www.ispb.info, www.travel.spb.ru,telephones, news, events etc.www.saint-petersburg.com

### "White nights" in St. Petersburg

**"White nights"** is the period from June till July when the sky stays light 24 hours a day. **Opening the bridges during "white nights"** could be one of your most fascinating experiences in our city. The bridges are raised for 2-3 hours in the middle of the night to allow boats to access the network of rivers and canals running inland.

Attention! Remember that your dormitory is located on the Vasilievsky Island; don't get caught on the wrong side unless you're prepared for a very long night in one of the bars.

In 2011 the bridges connecting with the Vasilievsky Island is probably to be

**drawn at:** Tuchkov bridge 2.00-2.55, 3.35-4.55 a.m.

Stock exchange (Birjevoy) bridge 2.00-4.55 a.m. Palace (Dvorzoviy) bridge 1.25-4.50 a.m.

Blagoveshenskiy bridge 1.25-2.45, 3.10-5.00 a.m.

#### Metro

The St. Petersburg underground system is the deepest in the world. It is actually a good place to learn the Cyrillic transliterations because all tables are in Russian. St. Petersburg metro has five lines (see them in the map). **Metro is opened from** 6.00 a.m. (in some stations 5.45 a.m.) **till** 00.00 a.m. (0.15 a.m.).

**Attention!** Your dormitory on **Shevchenko street, 25**, is located between two metro stations: "Primorskaya" and "Vasileostrovskaya". The ISSRB takes place on Tavricheskaya st., 21-23-25, office T-78 (metro station 'Chernishevskaya').

#### Metro tickets:

You can buy individual metro tokens for 25 rubles each at the counter inside any metro station. This is a small coin that will fit into some of the turnstiles. If you can't see the slot just hand it to the gatekeeper at the side and walk through. The token is valid for one endless journey on the metro until you leave it at any station. In order to save your time and money we recommend you to purchase the appropriate long-lasting validity passes. The 10-trips of 7 days validity pass on the metro (a plastic card) will cost 210 rubles (20-trips of 15 days validity – 400 rubles, 25-trips of 15 days – 490 rubles, 40-trips of 30 days – 770 rubles).

In the metro it is prohibited: smoking (as well as in any other means of transport); taking pictures and video; eating and drinking.

#### Taxi

There are many taxi companies in St. Petersburg, here are the telephones of some of them: 007, 053, 068, 600-00-00, 100-00-00.

**Attention!** Usually the taxi-drivers don't understand foreign languages. If you need any help to organize the taxi on the day of your departure, please, contact us.

## **Transport**

### Types of buses in St. Petersburg are:

**Regular buses:** Tickets can be bought on board in cash. The fare is 21 rubles.

**T-buses** (vans, called **«marshrutnoye taxi or marshrutka»):** The fare is paid to the driver. You stop this bus like a taxi. Stops are made by the passengers' request: the driver should be notified loudly in advance. Working hours are usually from 6.00 a.m. till 23 a.m.

#### **Trams and Trolleys:**

The procedure of paying the fare is the same as in regular buses.

When using a bus, a trolley or a tram keep your ticket during the whole trip as you may be asked to declare it by a ticket inspector.

Attention! You might take marshrutka 362 near your dormitory at the corner of Shevchenko street and Maliy prospect. It goes in both directions to 'Primorskaya' and 'Vasileostrovskaya' metro stations (the fare is 30 rubles). A little bit further from there at the corner of Maliy prospect and Gavanskaya street run marshrutkas 44, 44a, 120, 309, 359 to the same metro stations. You could also try to catch regular bus 47 at the corner of Maliy prospect and Beringa street which runs to the metro station 'Primorskaya'. Also you could find a stop for regular buses, trams, and trolleys at the corner of Maliy prospect and Nalichnaya street to the same direction.

# **Emergency Telephone Numbers (free of charge numbers)**

Fire	01
Police	02
Ambulance	03
Rescue service (dialing from cell phones only)	112
Regional rescue service	380-31-19
Central Police Department (Accidents)	579-00-55
Incident involving foreign citizens	764-97-87
Traffic police (Duty officer)	234-26-46

# **Shopping tips**

- While souvenir shopping on the street don't jump at the first price, bargaining is expected;
- All artwork leaving Russia needs to be approved and a fee paid;
- The majority of trade centers are situated near the metro stations;

Attention! The supermarkets near the dormitory are Pyaterochka (Shevchenko street, 24; Maliy prospect, 52), Paterson (Maliy prospect, 88).

#### **Post Offices**

There is a post office in each district of St. Petersburg.

- Central Post Office: Pochtamptskaya str., 9, tel.: 312-83-02.
- The post office near the dormitory is on Maliy prospect, 70.
- The post office near the faculty is on Kirochnaya street, 30.

## **Currency exchange**

- Change money in the bank or exchange office, never in the street;
- Take enough cash when you go out (cash the card or cheques in advance to avoid difficulties);
- In some banks you could cash the card in the ATM working 24-hours;
- Visa and MasterCard are accepted almost everywhere.

Attention! The nearest bank from the dormitory is 'Sberbank' at the corner of Maliy prospect and Gavanskaya street. There are many exchange offices near metro stations, including 24-hours exchange office near the metro station 'Primorskaya'. You can also exchange currency near 'Vasileostrovskaya' metro station in such banks as: Citibank, Baltiysky Bank, Raiffeisen Bank, UniCredit Bank, Promsvyazbank.

# **Cellular phones**

Check if your local cellular phone company has a roaming agreement with Russia or St. Petersburg. You might also subscribe for a local mobile operator. The main St. Petersburg's cellular service providers are:

Megafon	www.megafon.ru	MTS	www.spb.mts.ru
Beeline	www.beeline.ru	Tele2	www.tele2.ru

#### Internet

The Internet access is available for you at our Faculty of Economics at the computer room number T-60 from Monday till Friday at 10.00-18.00. Wi-Fi is also provided by our Faculty. The password is "Economist70". You could also find many Internet-cafes in the city, and many bars and restaurants have Wi-Fi.

# Safety in the Street

- Be alert when crossing the street (even when it is a green traffic light). If available, use the underground passageways.
- Do not touch the bags or parcels left in public places call the police.
- Always carry your passport and registration with you.
- Watch your bag. Do not carry all your cash in one place and avoid displaying large sums of money.
- In case someone behaves violently to you, attract attention to yourself: shout, run, etc.

#### Health

- Don't drink tap water;
- Purchase alcohol in special shops only;
- Wash fruit and vegetables carefully.

#### **Medical Services:**

- Polyclinical Complex Medical Center for Foreigners at Polyclinic N 2; Moskovsky prospekt 22, tel: 777-97-77, 316-38-77. Mon.-Fr.: 9.00 21.00, Sat.: 9.00 16.00.
- American Medical Clinic and Hospital: Embankment of Moyka river, 78, tel.: 740 20 90, 24hr emergency service.

#### Pulkovo

You can get to the dormitory from the Pulkovo airport with bus, taxi or shuttle-bus (marshrutka).

#### Bus

In *Pulkovo 1* the city **bus #39** stop is opposite the exit from the arrival hall #1, which is on the ground floor of the terminal. The bus runs between Pulkovo 1 terminal and «Moskovskaya» metro station every 12-20 minutes from 5.30 a.m. till 01.30 a.m. The trip takes 30-35 minutes.

Opposite the central building of *Pulkovo 2* terminal there are two bus stops for city **bus #13**, going to:

- «Moskovskaya» metro station (bus stop is closer to arrivals terminal);
- to Aviagorodok (bus stop is closer to departures terminal).

#### First bus:

- 5.40 a.m. on week-days;
- 6.00 a.m. on week-ends.

#### Last bus:

• 0.47 a.m.

The bus plies every 13-20 minutes. The trip takes 20-25 minutes. Price — 21 RUB.

#### Shuttle bus

**Shuttle bus K39** constantly runs between Pulkovo 1 terminal and «Moskovskaya» metro station. Price — 30 RUB. The shuttle bus stop is opposite the exit from domestic flights Arrival zone.

To get to the city from Pulkovo 2 terminal one can take shuttle buses K3, 39A, K113. Their stop is closer to arrivals hall. The stop which is closer to departures hall is for the buses to Aviagorodok.

**Shuttle bus 39A** goes along Pulkovo highway from the airport to «Moskovskaya» metro station, the price is 30 RUB.

**Shuttle bus K3** has the following route:

- Pulkovo 2 terminal
- Pulkovo highway
- Moskovsky prospect
  - «Moskovskaya» metro station
  - o «Park Pobedy» metro station
  - «Elektrosila» metro station
  - o «Moskovskie Vorota» metro station
  - «Frunzenskaya» metro station
  - o «Tekhnologichesky Institut» metro station
  - «Sennaya pl.» metro station

The price is 30 RUB.

**Shuttle bus K113** goes from the airport through «Moskovskaya» metro station to «Kupchino» district. The price is 30 RUB. Shuttle buses start when all the seats are occupied. Passengers buy the ticket from the driver in the shuttle-bus.

#### Taxi

Taxi desks are located in the arrivals halls of Pulkovo-1 and Pulkovo-2 terminals.

Taxi 6000000 – tel.: 600-00-00

Taxi-Lux - tel.: 333-32-33

You can also take private taxi – people, who turn a penny with carting, stay near the airport too. Don't jump at the first price, try to bargain.

# **Mini-Dictionary**

English	Transcription	Russian	
Hello	Privet	Привет	
	Zdrastvuyte (formal)	Здравствуйте	
Good afternoon	Dobriy den	Добрый день	
Good night	Spokoynoy nochi	Спокойной ночи	
Good bye	Poka	Пока	
	Do svidaniya (formal)	До свидания	
How are you?	Kak dela?	Как дела?	
Fine, thanks	Horosho, spasibo	Хорошо, спасибо	
Please	Pozhaluista	Пожалуйста	
Excuse me	Izvini	Извини	
	Izvinite (formal)	Извините	
I don't understand	Ya ne ponyal	Я не понял	
I am lost	Ya ne ponyala (female)	Я не поняла	
I am Iost	Ya zabludilsya Ya zabludilas (female)	Я заблудился	
Help	Pomogite	Я заблудилась Помогите	
1			
Where is? How much does this cost?	Gde nakhoditsya? Skolko eto stoit?	Где находится?	
		Сколько это стоит?	
How can I get to?	Kak mne proyti k?	Как мне пройти к?	
Stop here please	Ostanovite zdes, pozhaluista	Остановите здесь,	
Police	Poliziya	пожалуйста Полиция	
	I = -	'	
Luggage	Bagazh	Багаж	
Car	Avtomobil	Автомобиль	
Autobus	Avtobus	Автобус	
Ticket	Bilet	Билет	
Money	Dengi	Деньги	
Station	Ostanovka	Остановка	
University	Universitet	Университет	
Hostel	Obshezhitiye	Общежитие	
Bank	Bank	Банк	
Undergraund (metro)	Metro	Метро	
Shop	Magazin	Магазин	
Food	Eda	Еда	
Water	Voda	Вода	